



TRIAGE

# TRIAGE : IMPLEMENTASI STANDAR NASIONAL AKREDITASI RS

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SEMINAR DAN WORKSHOP KEPERAWATAN



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**TRIAGE**

- 1 PENDAHULUAN
- 2 KEBIJAKAN DAN STANDAR
- 3 METODE ASESMEN ACUTE ILLNESS SEVERITY
- 4 SUMBER DAYA PENDUKUNG
- 5 MONITORING DAN EVALUASI
- 6 APLIKASI TRIAGE DI TATANAN KLINIS

A



## TRIAGE

Menentukan  
dg cepat  
prioritas  
pasien yang  
harus  
diprioritaskan

B



## EWS

peringatan  
dini dan  
pemicu  
terhadap  
kewaspada  
an

C



## TRC

Sistem  
respon  
cepat  
terhadap  
aktivasi  
kegawatan  
pasien

D



## CODE BLUE

Sistem  
aktivasi thd  
pasien henti  
jantung

E



## MORTALITAS

Kematian  
PASien

# Apa Yang Anda Pikirkan ??

TRIAGE



Situasi gawat darurat pasien yang menyebabkan kesibukan



Banyak Profesional pemberi asuhan yang terlibat



Mebutuhkan manajemen waktu yang baik



Kompleksitas kasus pada penyakit Akut

# PERKEMBANGAN TRIAGE

- Military roots
- Masuk ke *setting* RS pada awal tahun 1960 ---→

Adanya peningkatan kasus di RS  
Orang-orang dengan kondisi yang tidak  
*urgent* masuk ke IGD untuk meminta  
dilakukan tindakan

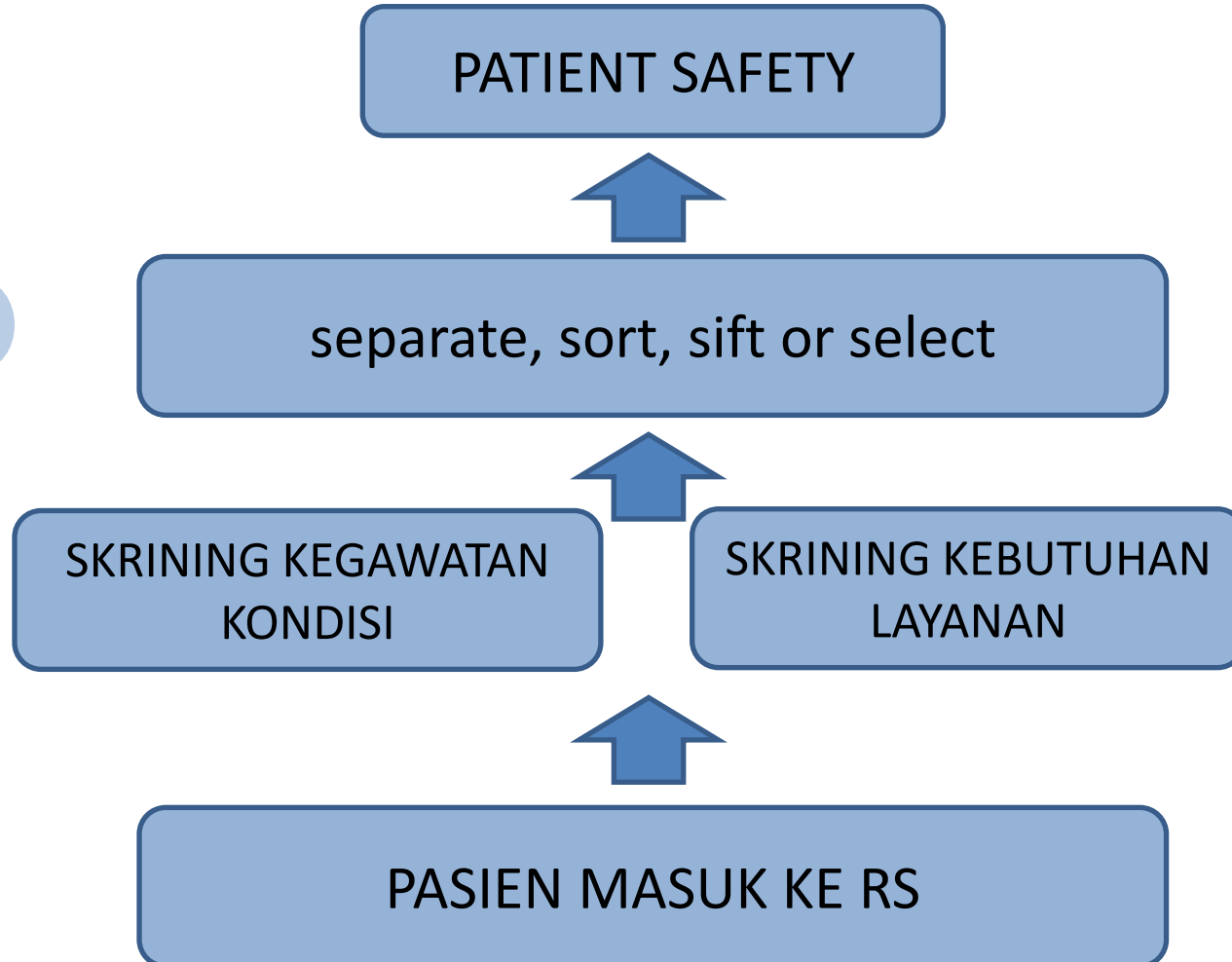
## DEFINISI

- TRIAGE → TRIER (French) = SORTIR  
“Evaluasi berdasarkan kriteria fisiologis untuk menentukan kebutuhan medis dan urgensi pada masing2 pasien dalam waktu terbatas”

*“Triage is a dynamic process and is usually done more than once”*

*“Meaning to separate, sort, sift or select”*

# MENGAPA DIPERLUKAN TRIAGE DI RUMAH SAKIT??



# TUJUAN

- Mengidentifikasi dengan cepat pasien dengan kondisi mengancam jiwa untuk mendapatkan perawatan.
- Menentukan derajat/tingkat keparahan kondisi pasien
- Mengarahkan pasien ke tempat perawatan yang sesuai
- Mengevaluasi kembali kondisi pasien yang menunggu tempat perawatan
- Mengurangi lama perawatan.



# MANFAAT

- Memperpendek aliran pasien.
- Mengurangi risiko cedera / kerusakan lebih lanjut.
- Meningkatkan komunikasi.
- Meningkatkan kerja tim.
- Identifikasi persyaratan sumber daya.
- Menetapkan tolok ukur nasional.



# PRINSIP TRIAGE

Melakukan penapisan secara proporsional (efektif dan efisien) pada semua pasien yang masuk ke ED dan kemudian menempatkannya sesuai dengan hasil penapisan.



# PENTING DALAM TRIAGE

TRIAGE

- Pasien harus memiliki penilaian triase dalam waktu 10 menit setelah tiba di ED.
- Triage yang akurat adalah kunci untuk pola operasional yang efisien dari ED.
- Triase yang efektif didasarkan pada pengetahuan, keterampilan, dan sikap staf triase.





- Triage adalah proses yang dinamis
- Kondisi pasien dapat membaik atau memburuk selama menunggu perawatan
- Penilaian ulang, penilaian kembali, penilaian kembali

# Triage Process

TRIAGE

- Menilai dan menentukan tingkat keparahan atau ketajaman masalah yang muncul.
- Memproses pasien ke tingkat level kegawatan pasien.
- Tentukan dan arahkan pasien ke area perawatan yang sesuai.
- Secara efektif dan efisien menetapkan sumber daya kesehatan manusia yang tepat.



# Standar Nasional Akreditasi Rumah Sakit (SNARS)

## Standar ARK 1



Penerimaan pasien rawat inap  
/pemeriksaan pasien rawat jalan sesuai  
kebutuhan pelayanan pasien

# Standar ARK 1 : Penerimaan pasien ranap/Pemeriksaan pasien rajal sesuai kebutuhan pelayanan pasien

1. Regulasi tentang **skrining** di dalam maupun di luar RS
2. Ada **pelaksanaan proses skrining** baik di dalam maupun di luar RS.
3. Ada proses **pemeriksaan penunjang yang diperlukan/spesifik** untuk menetapkan apakah pasien diterima atau dirujuk.
4. Berdasarkan **hasil skrining ditentukan kebutuhan pasien** sesuai dengan kemampuan RS.
5. **Pasien diterima** bila RS dapat **memberi pelayanan rawat jalan dan rawat inap yang dibutuhkan pasien**.
6. Pasien tidak dirawat, tidak dipindahkan atau dirujuk **sebelum diperoleh hasil tes yang dibutuhkan tersebut**.

# Standar Nasional Akreditasi Rumah Sakit (SNARS)

## Standar ARK 1.1



Pasien dengan kebutuhan gawat dan/atau darurat, atau yang membutuhkan pertolongan segera diberikan prioritas untuk asesmen dan tindakan

## Standar ARK 1.1 : Prioritas untuk asesmen dan tindakan bagi pasien gawat dan/atau darurat

- **Pasien dengan kebutuhan gawat dan/atau darurat, segera diidentifikasi.**
  - a) Ada **regulasi** tentang **proses triase berbasis bukti**.
  - b) Ada pelaksanaan **penggunaan proses triage untuk memprioritaskan** pasien sesuai dengan kegawatannya.
  - c) Staf sudah **terlatih** menggunakan kriteria berbasis bukti.
  - d) Pasien dengan kebutuhan mendesak **diberikan prioritas**.
  - e) Kondisi pasien **distabilisasi sebelum ditransfer atau dirujuk dan didokumentasikan**

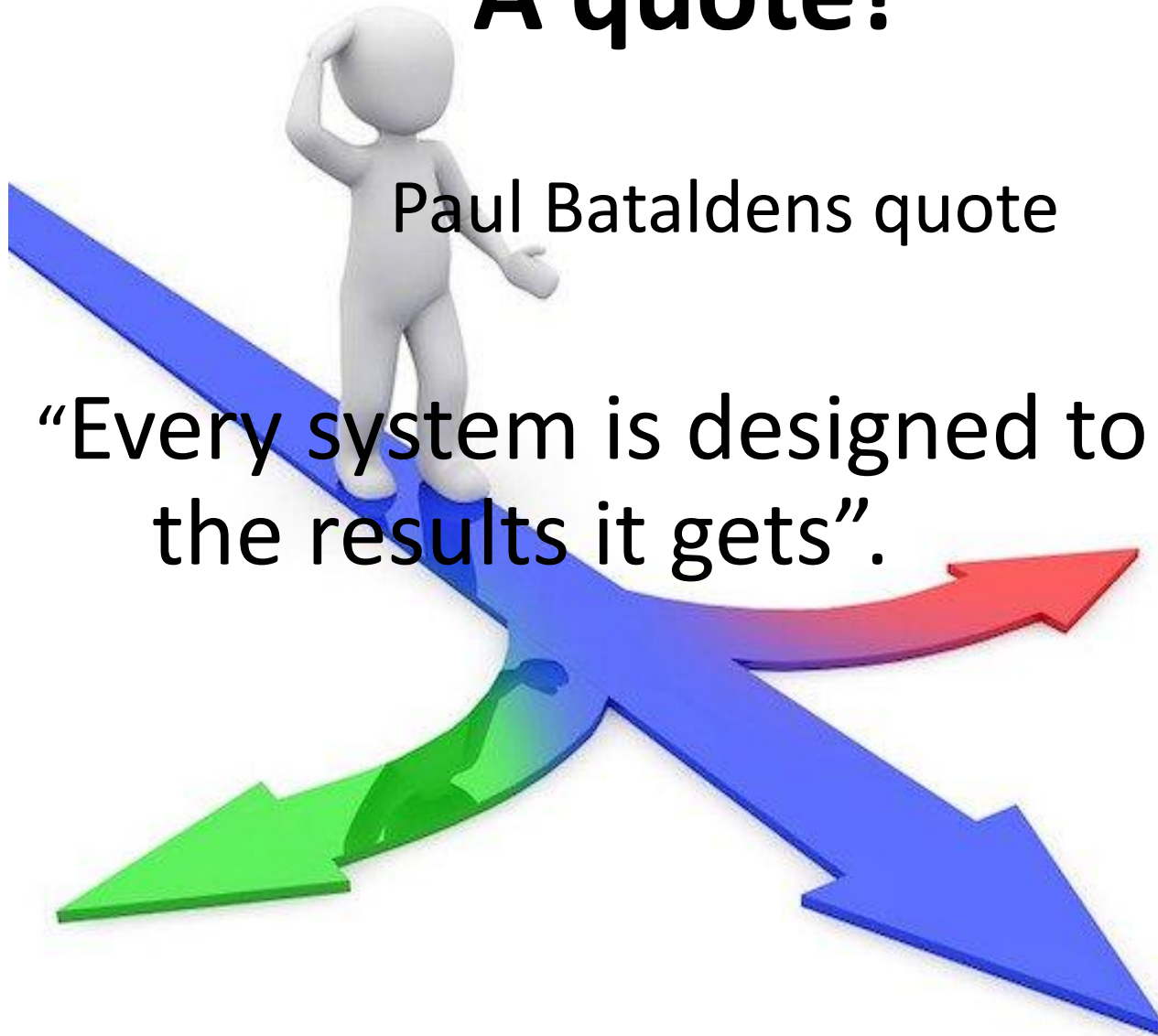
# METODE TRIAGE

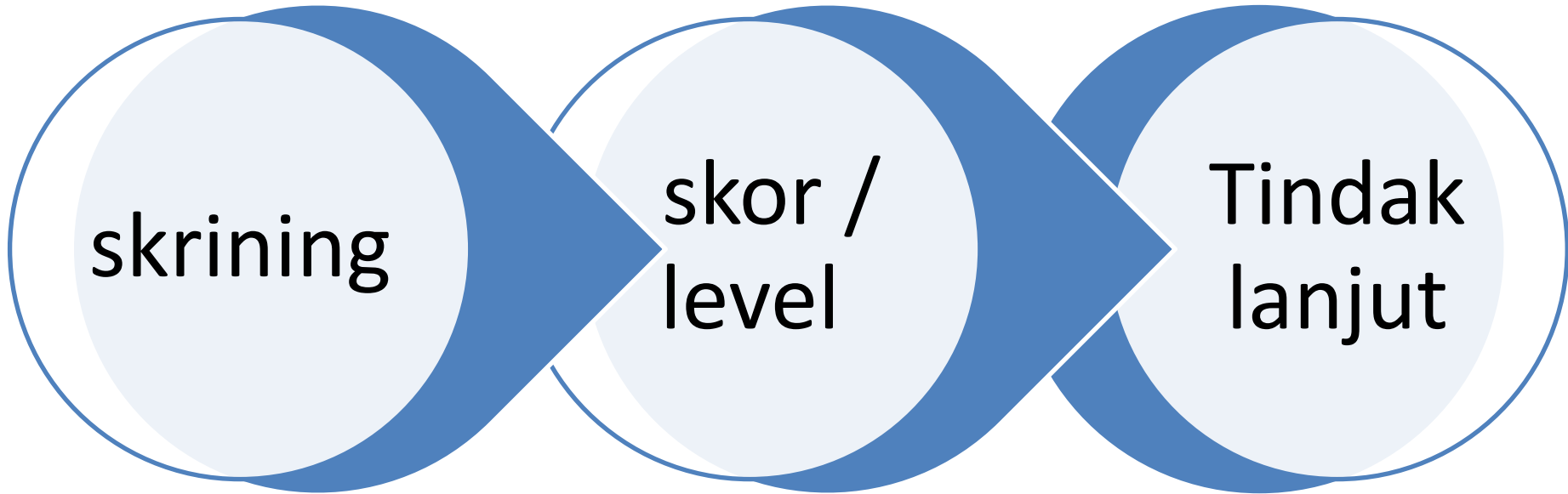


# A quote!

Paul Bataldens quote

“Every system is designed to get the results it gets”.





# FOKUS UTAMA TRIAGE

TRIAGE

- Keluhan utama.
- Riwayat penyebab singkat.  
Cedera atau penyakit (tanda & gejala).
- Penampilan umum.
- Tanda-tanda vital.
- Penilaian fisik singkat pada triase.



# SISTEM TRIAGE YANG DIGUNAKAN SAAT INI

TRIAGE

- CTAS ~ Canadian Triage and Acuity scale
- ESI ~ Emergency Severity Index
- ATI ~ Australian Triage Index
- SATS ~ South Africa Triage Scale



# The Canadian E.D. Triage and Acuity Scale

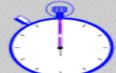
Patients should have an  
**INITIAL TRIAGE ASSESSMENT WITHIN 10 MINUTES\***  
of arrival



TRIAGE

## TRIAGE LEVEL I - RESUSCITATION

Time to NURSE  
Assessment  
**IMMEDIATE\***



Time to PHYSICIAN  
Assessment  
**IMMEDIATE\***

**USUAL PRESENTATION**

- Code / Arrest
- Major Trauma
- Shock States
- Near Death Asthma
- Severe Respiratory Distress
- Altered Mental State (unconscious, delirious)
- Seizures

**SENTINEL DIAGNOSIS**

- Traumatic Shock
- Pneumothorax - Traumatic / Tension
- Facial Burns with Airway Compromise
- Severe Burns > 30% TBS
- Overdose with Hypotension / Unconscious
- AAA
- AMI with Complications / CHF / Low BP
- Status Asthmaticus
- Head Injury - Major / Unconscious
- Status Epilepticus

## TRIAGE LEVEL II - EMERGENT

Time to NURSE  
Assessment  
**IMMEDIATE\***



Time to PHYSICIAN  
Assessment  
**15 MINUTES\***

**USUAL PRESENTATION**

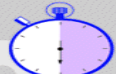
- Head Injury (Risk Features ± Altered Mental State)
- Severe Trauma
- Altered Mental State (lethargic, drowsy, agitated)
- Chemical Exposure - Eyes
- Allergic Reaction (Severe)
- Chest Pain - Visceral, Non-Traumatic
- ± Associated Symptoms
- Overdose (conscious), Drug Withdrawal
- ABD Pain (Age > 50) with Visceral Symptoms
- Back Pain (Non Trauma, Not MSK)
- GI Bleed with Abnormal Vital Signs
- CVA with Major Deficit
- Asthma Severe (PEFR < 40%)
- Moderate / Severe Dyspnea / Difficulty Breathing
- Vaginal Bleeding - Acute, Pain scale < 5
- ± Abnormal Vital Signs
- Vomiting and/or diarrhea
- (with suspicion of dehydration)
- Signs of serious infection (purpuric rash, toxic)
- Chemotherapy or immunocompromised
- Fever (age ≤ 3 months) Temp ≥ 38.0 (rectal)
- Acute Psychotic Episode / Extreme Agitation
- Diabetes: Hypoglycemia, Hyperglycemia
- Headache (Pain Scale 8 - 10/10)
- Pain Scale 8-10 (CVA, Back, Eye)
- Sexual Assault
- Neonate (≤ 7 days old)

**SENTINEL DIAGNOSIS**

- Head Injury
- Trauma, Multiple Sites, Multiple Rib Fracture, Neck Injury / Spinal Cord
- Alkaline / Caustic Ocular Burns
- Anaphylaxis
- AMI, Unstable Angina, CHF, Chest Pain NOS, Gastroesophageal Reflux
- Unspecified Drug / Medicinal Overdose, "d.t.s"
- AAA, Appendicitis, Cholecystitis
- Gastrointestinal Bleed, Hypotension
- CVA
- Severe Asthma
- COPD, Croup
- Spontaneous Abortion
- Ectopic Pregnancy / Rupture
- Epiglottitis, Meningitis, Sepsis
- Acute Psychotic Episode / Agitation
- Hypoglycemia, Diabetic Ketoacidosis, Hyperglycemia
- Migraine
- Renal Colic, LBP / Strain (Disc), Keratitis, Iritis

## TRIAGE LEVEL III - URGENT

Time to NURSE  
Assessment  
**30 MINUTES\***



Time to PHYSICIAN  
Assessment  
**30 MINUTES\***

**USUAL PRESENTATION**

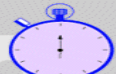
- Head Injury, Alert, Vomiting
- Moderate Trauma
- Abuse / Neglect / Assault
- Vomiting and/or diarrhea (≤ 2 years)
- Dialysis problems
- Signs of infection
- Mild / Moderate Asthma (PEFR > 40%)
- Mild / Moderate Dyspnea
- Chest Pain - No Visceral Symptoms (Sharp/MSK)
- ± No Previous Heart Disease
- GI Bleed with Normal Vital Signs
- Vaginal Bleeding Acute, Normal Vital Signs
- Seizure, Alert on Arrival
- Acute Psychosis ± Suicidal Ideation
- Pain Scale 8 - 10 / 10 with minor injuries
- Pain Scale 4 - 7 / 10 (Headache, CVA, Back)

**SENTINEL DIAGNOSIS**

- Head Injury
- Anterior Dislocated Shoulder, Tibia / Fibula Fracture, Bimalleolar, Trimalleolar Ankle Fracture
- Pyelonephritis
- Asthma without Status / COPD
- Bronchiolitis / Croup, Pneumonia
- Chest Pain NOS (MSK, GI, Resp)
- GI Bleed, No complications
- Spontaneous Abortion
- Seizure
- Acute Psychosis ± Suicidal Ideation
- Migraine, Renal Colic, LBP / Strain (Disc)

## TRIAGE LEVEL IV - LESS URGENT

Time to NURSE  
Assessment  
**60 MINUTES\***



Time to PHYSICIAN  
Assessment  
**60 MINUTES\***

**USUAL PRESENTATION**

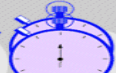
- Head Injury, Alert, No Vomiting
- Minor Trauma
- ABD Pain (Acute)
- Earache
- Chest Pain, Minor Trauma or MSK, No Distress
- Vomiting and diarrhea (> 2 years/no dehydration)
- Suicidal Ideation / Depression
- Allergic Reaction (Minor)
- Corneal Foreign Body
- Back Pain (Chronic)
- URI Symptoms
- Pain Scale 4 - 7
- Headache (Non Migraine / Not Sudden)

**SENTINEL DIAGNOSIS**

- Head Injury, Alert, No Vomiting
- Colles Fracture, Ankle Sprain
- Appendicitis, Cholecystitis
- Otitis Media / Otitis Externa
- Chest Pain NOS (MSK, GI, Resp), Gastroesophageal Reflux
- Suicidal Ideation / Depression
- Urticaria
- Corneal Foreign Body
- LBP / Strain
- URI

## TRIAGE LEVEL V - NON URGENT

Time to NURSE  
Assessment  
**120 MINUTES\***



Time to PHYSICIAN  
Assessment  
**120 MINUTES\***

**USUAL PRESENTATION**

- Minor Trauma, Not Necessarily Acute
- Sore Throat, No Resp Symptoms
- Diarrhea alone (no dehydration)
- Vomiting alone normal mental status (no dehydration)
- Menses
- Minor Symptoms
- ABD Pain (Chronic)
- Psychiatric complaints
- Pain Scale < 4

**SENTINEL DIAGNOSIS**

- LBP / Strain
- URI
- Gastroenteritis
- Vomiting
- Disorders of Menstruation
- Dressing Changes
- Cast Changes
- Constipation
- Symptoms / Neurotic, Personality and Nonpsychotic Mental Disorders
- Unspecified Superficial Laceration(s)

\* **TIMES TO ASSESSMENT** are operating objectives, not established standards of care. Facilities without onsite physician coverage may meet assessment objectives using delegated protocols and remote communication.

Corporate Sponsor(s) acknowledgement here.



# **CANADIAN TRIAGE AND ACUITY SCALE (CTAS) NATIONAL GUIDELINES**

- **Level 1 - Patients need to be seen by a physician immediately 98% of the time.**
- **Level 2 - Patients need to be seen by a physician within 15 minutes 95% of the time.**
- **Level 3 - Patients need to be seen by a physician within 30 minutes 90% of the time.**
- **Level 4 - Patients need to be seen by a physician within 60 minutes 85% of the time.**
- **Level 5 - Patients need to be seen by a physician within 120 minutes 80 % of the time.**

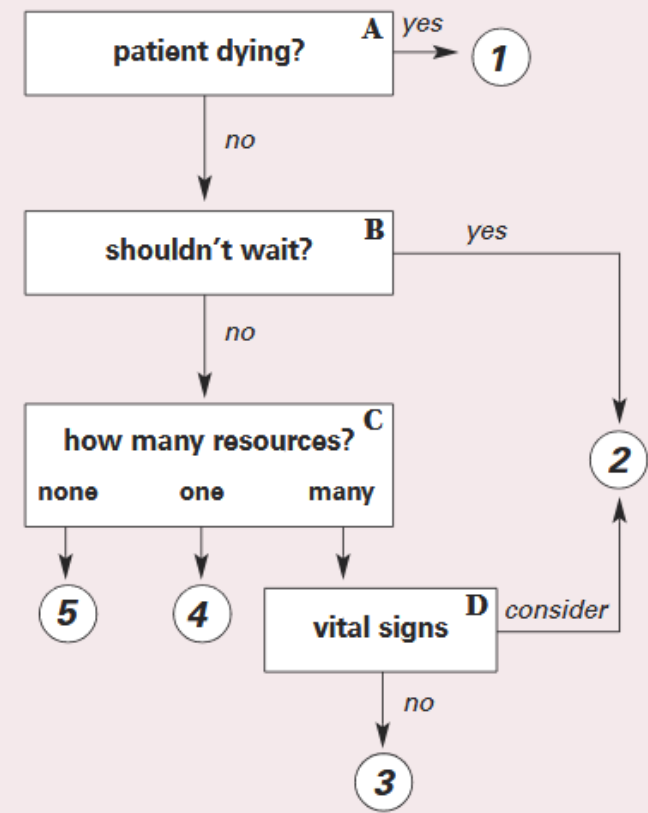
# CTAS

| Level   | Time to Primary RN assessment | Time to MD assessment | Reassessment Time |
|---------|-------------------------------|-----------------------|-------------------|
| Level 1 | immediate                     | immediate             | continuous        |
| Level 2 | immediate                     | ≤ 15 min              | 15 min            |
| Level 3 | ≤ 30 min                      | ≤ 30 min              | 30 min            |
| Level 4 | ≤ 1 hour                      | ≤ 1 hour              | 1 hour            |
| Level 5 | ≤ 2 hour                      | ≤ 2 hour              | 2 hours           |

# EMERGENCY SEVERITY INDEX (EMI)

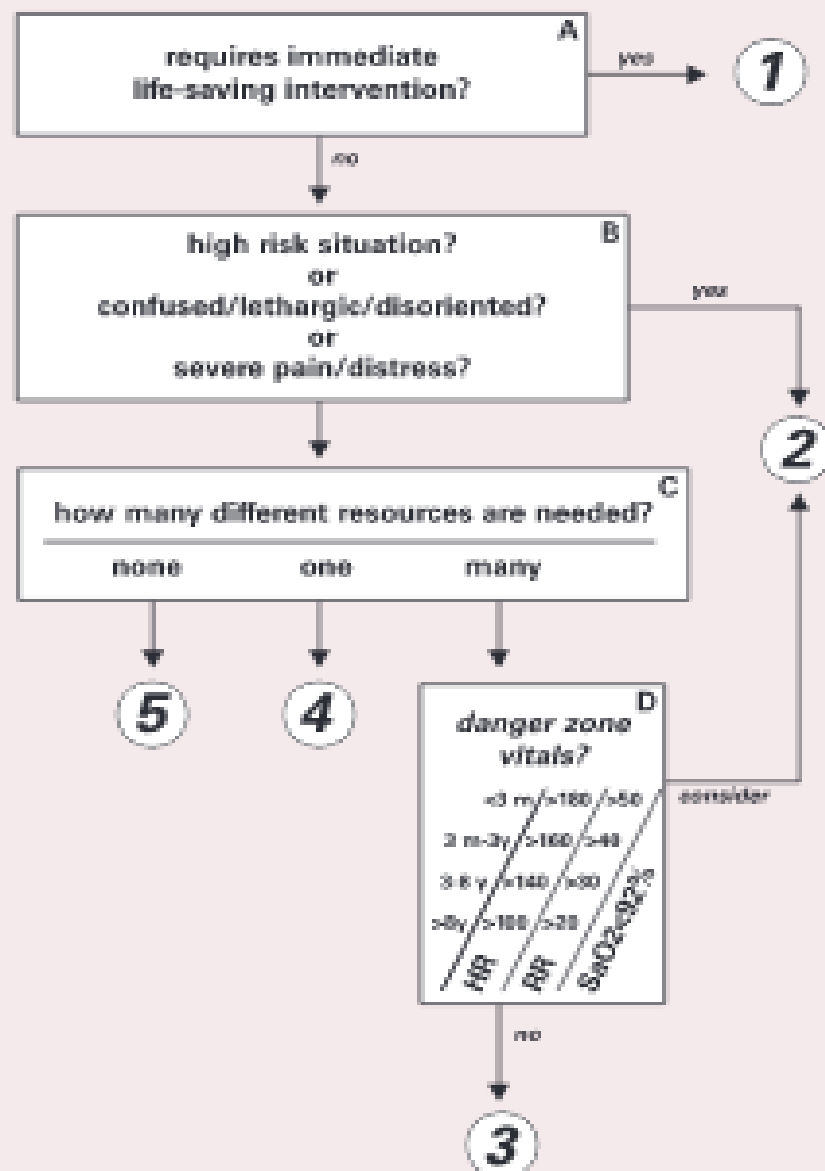
The Emergency Severity Index is a 5 level tool for use in emergency department triage. Experienced ER nurses use the ESI to rate patient's acuity on a scale of 1-5.

Figure 2-1. Emergency Severity Index Conceptual Algorithm, v. 4



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**Figure 2-1a. ESI Triage Algorithm**



**A. Immediate life-saving intervention required:** airway, emergency medications, or other hemodynamic interventions (IV, supplemental O<sub>2</sub>, monitor, ECG or labs DO NOT count); and/or any of the following clinical conditions: intubated, apneic, pulseless, severe respiratory distress, SpO<sub>2</sub><90, acute mental status changes, or unresponsive.

**Unresponsiveness** is defined as a patient that is either:

- (1) nonverbal and not following commands (acutely); or
- (2) requires noxious stimulus (P or U on AVPU) scale.

**B. High risk situation** is a patient you would put in your last open bed.

**Severe pain/distress** is determined by clinical observation and/or patient rating of greater than or equal to 7 on 0-10 pain scale.

**C. Resources:** Count the number of different types of resources, not the individual tests or x-rays (examples: CBC, electrolytes and coags equals one resource; CBC plus chest x-ray equals two resources).

| Resources                                                                                                                                         | Not Resources                                                                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Labs (blood, urine)</li> <li>• ECG, X-ray</li> <li>• CT/MRI-ultrasound-angiography</li> </ul>            | <ul style="list-style-type: none"> <li>• History &amp; physical (including pedid)</li> <li>• Point-of-care testing</li> </ul>      |
| <ul style="list-style-type: none"> <li>• IV fluids (hydration)</li> </ul>                                                                         | <ul style="list-style-type: none"> <li>• Saline or heparin</li> </ul>                                                              |
| <ul style="list-style-type: none"> <li>• IV or IM or subcutaneous medications</li> </ul>                                                          | <ul style="list-style-type: none"> <li>• PO medications</li> <li>• Tetanus immunization</li> <li>• Prescription refills</li> </ul> |
| <ul style="list-style-type: none"> <li>• Specialty consultation</li> </ul>                                                                        | <ul style="list-style-type: none"> <li>• Phone call to PCP</li> </ul>                                                              |
| <ul style="list-style-type: none"> <li>• Simple procedure -1 (ac repair, toy cut)</li> <li>• Complex procedure -2 (conedious sedation)</li> </ul> | <ul style="list-style-type: none"> <li>• Simple wound care (dressings, suture)</li> <li>• Crutches, splints, sling</li> </ul>      |

**D. Danger Zone Vital Signs**

Consider uprriage to ESI 2 if any vital sign criterion is exceeded.

**Red Flag Fever Considerations**

1 to 25 days of age: assign at least ESI 2 if temp >38.0 C (100.4 F)

1-3 months of age: consider assigning ESI 2 if temp >38.0 C (100.4 F)

3 months to 3 yrs of age: consider assigning ESI 3 if temp >39.0 C (102.2 F), or incomplete immunizations, or no obvious source of fever

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# EMERGENCY SEVERITY INDEX (EMI)

- Level 1: Immediate life saving intervention required
- Level 2: High risk situation (Confused, lethargic, disoriented, severe pain or distress)
- Level 3: Multiple Resources are required.

(Consider upgrading to level 2 if vital signs are in the danger zone (<3 months HR >180, >RR 50 and O2 sats <92%, 3 months to 3 years HR >160, RR >40 and O2 sats <92%, 3 years to 8 years HR >140, >RR 30 and O2 sats < 92% and over 8 years, HR >100, RR >20 and O2 sats < 92%)

- Level 4: One resource required
- Level 5: No resources needed

# AUSTRALIAN TRIAGE INDEX (ATI)

## 4. URAIAN SKALA

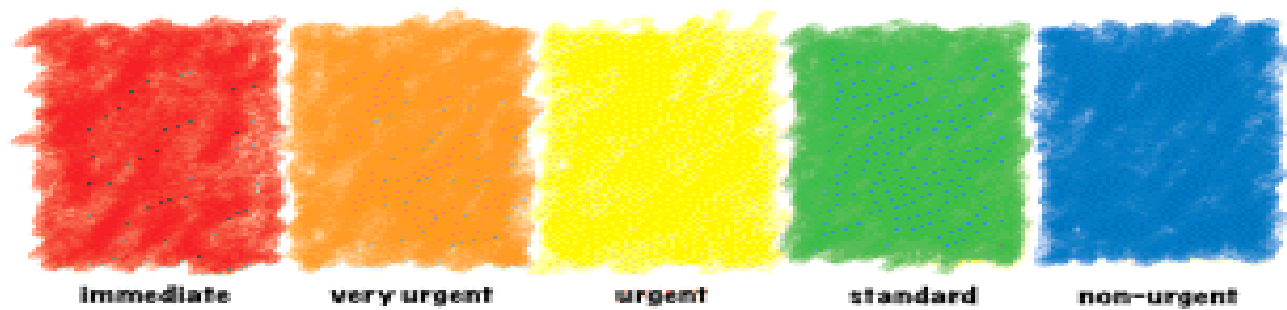
| ATS CATEGORY | PENGOBATAN PERAWATAN<br>(Waktu tunggu maksimum) | KINERJA INDIKATOR<br>AMBANG |
|--------------|-------------------------------------------------|-----------------------------|
| ATS 1        | Segera                                          | 100%                        |
| ATS 2        | 10 minutes                                      | 80%                         |
| ATS 3        | 30 minutes                                      | 75%                         |
| ATS 4        | 60 minutes                                      | 70%                         |
| ATS 5        | 120 minutes                                     | 70%                         |

# SOUTH AFRICA TRIAGE SCORE (SATS)

In 2004 the South African Triage Group (SATG) formerly known as the Cape Triage Group) was convened under the auspices of the Joint Division of Emergency Medicine and the University of Cape Town and Stellenbosch. The aim of the STAG was to produce a triage score for use throughout South Africa.

# 5 Level Triage

- Level 1 *Resuscitative*
- Level 2 *Emergent*
- Level 3 *Urgent*
- Level 4 *Less urgent*
- Level 5 *Non-urgent*



# 3 KATEGORI USIA PADA TEWS:

TRIAGE

~INFANT (50 CM TO 95 CM ~ ONE WEEK TO ALMOST 3 YEARS OF AGE)

~CHILDREN (96 CM – 150 CM 3 YEARS TO 12 YEARS OF AGE)

~ADULT (OVER 150 CM)

# TAHAPAN TRIAGE

- ~ Tahap 1 : Kaji riwayat dan keluhan utama dan dokumentasikan
- ~ Tahap 2 : Kaji tanda-tanda vital dan dokumentasikan
- ~ Tahap 3: Kalkulasikan TEWS dan hitung total skor
- ~ Tahap 4: Lakukan rekomendasi sesuai dengan total skore dan **observasi** hal penting lainnya diluar TEWS
- ~ Tahap 5: Dokumentasikan kode triage pasien dan lakukan tindakan yang sesuai dengan kebutuhan pasien.

# TEWS CALCULATOR

2 HAL PENTING YANG HARUS DIPERHATIKAN  
DALAM TEWS ADALAH :

## VITAL SIGNS AND MOBILITY

| Category 1                                                                            | Category 2                                                                            | Category 3                                                                                 | Category 4                                                                            | Category 5                                                                            |
|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <i>Resuscitation</i>                                                                  | <i>Emergency</i>                                                                      | <i>Urgent</i>                                                                              | <i>Semi-urgent</i>                                                                    | <i>Non-urgent</i>                                                                     |
|  |  |       |  |  |
| <b>Examples:</b><br>Heart attack,<br>major car<br>accident                            | <b>Examples:</b><br>Severe blood<br>loss,<br>overdose                                 | <b>Examples:</b><br>Head injury<br>(conscious),<br>breathing<br>difficulties,<br>infection | <b>Examples:</b><br>Sprained ankle<br>with possible<br>fracture, eye<br>inflammation  | <b>Examples:</b><br>Cut not<br>requiring<br>stitches,<br>common cold                  |
| <b>Deadline:</b><br>Immediate<br>(seconds)                                            | <b>Deadline:</b><br>Within<br>10 minutes                                              | <b>Deadline:</b><br>Within<br>30 minutes                                                   | <b>Deadline:</b><br>Within<br>1 hour                                                  | <b>Deadline:</b><br>Within<br>2 hours                                                 |

# Physiological Symptoms affected by Vital Signs

TRIAGE

- ~Tekanan darah dan nadi berhubungan dengan sistem cardiovascular
- ~Respiratory rate menunjukkan fungsi respirasi secara umum
- ~Perubahan suhu mengindikasikan masalah dalam thermoregulatory system
- ~AVPU tingkat kesadaran berhubungan dengan masalah sentral persyarafan
- ~Kemampuan mobilisasi mengkaji gangguan pada sistem musculoskeletal, termasuk adanya nyeri
- ~Trauma refers to the presence of any injury

# Riwayat Kesehatan

- Lakukan anamnesa singkat tentang keluhan utama pada pasien , keluarga pendamping atau informais dari surat rujukan dengan seksama
- Tanyakan apa yang membawa pasien ke ED / RS saat ini

# Kemampuan Mobilisasi

- Dikaji dengan memperhatikan toleransi gerak pasien
- Adanya trauma dikaji pada pasien yang mengalami riwayat /keluhan cedera

Keputusan baru dapat diambil jika  
semua proses standar telah  
dilaksanakan secara lengkap

**TRIAGE**

**KASUS**

## ~CHILD TEWS CALCULATOR ~

### SCORING EXAMPLE

Seorang anak masuk ke unit gawat darurat dengan RR 32 dan detak jantung 140, suhu 38,3 dan pasien terjaga dan waspada tetapi warnanya pucat dan perut kencang dan buncit.

Ketika ditanyai, orang tua menyatakan bahwa dia telah muntah selama 2 hari dengan nyeri kuadran kanan bawah. Tidak ada tanda-tanda trauma. Ketika perut disentuh, pasien berteriak kesakitan. (Hitung kode warna)

# Triage Early Warning Score (TEWS) - Children

## CHILD TRIAGE SCORE (3 to 12 years old / 96 to 150 cm tall)

|          | 3               | 2                            | 1 | 0             | 1                          | 2                            | 3                    |  |
|----------|-----------------|------------------------------|---|---------------|----------------------------|------------------------------|----------------------|--|
| Mobility |                 |                              |   | Walking       | With Help                  | Stretcher/<br>Immobile       |                      |  |
| RR       | less than<br>15 | 15-16                        |   | 17-21         | 22-26                      | 27 or more                   |                      |  |
| HR       | less than<br>60 | 60-79                        |   | 80-99         | 100-129                    | 130 or<br>more               |                      |  |
| Temp     |                 | Feels cold<br>OR<br>Under 35 |   | 35-38.4       |                            | Feels hot<br>OR<br>Over 38.4 |                      |  |
| AVPU     |                 | Confused                     |   | <u>A</u> lert | Reacts to<br><u>V</u> oice | Reacts to<br><u>P</u> ain    | <u>U</u> nresponsive |  |
| Trauma   |                 |                              |   | No            | Yes                        |                              |                      |  |

# CHILD TEWS Scoring

TRIAGE

~ Mobilitas ~ Berjalan ~ 0

~ Laju pernapasan ~ 32 ~ 2

~ Detak jantung ~ 140 ~ 2

~ B / P ~ n / a ~ Suhu ~ 38.3 ~ 0

~ AVPU ~ terjaga dan waspada ~ 0

~ Trauma ~ tidak ada tanda-tanda cedera atau memar  
~ 0

Total skor ~ 4

(Kode warna apa ini?)

Diskusi ..... Faktor-faktor apa yang akan Anda  
pertimbangkan dalam keputusan penilaian Anda?

|                      |                                             |                                        |                                           |                          |      |
|----------------------|---------------------------------------------|----------------------------------------|-------------------------------------------|--------------------------|------|
| Colour               | RED                                         | ORANGE                                 | YELLOW                                    | GREEN                    | BLUE |
| TEWS                 | 7 or more                                   | 5-6                                    | 3-4                                       | 0-2                      | DEAD |
| Target time to treat | Immediate                                   | less than 10 mins                      | less than 60 mins                         | less than 240 mins       | DEAD |
| Mechanism of injury  |                                             | High energy transfer                   |                                           |                          |      |
| Presentation         |                                             | Shortness of breath - acute            |                                           | ALL<br>OTHER<br>PATIENTS |      |
|                      |                                             | Coughing blood                         |                                           |                          |      |
|                      |                                             | Chest pain                             |                                           |                          |      |
|                      |                                             | Haemorrhage - uncontrolled             | Haemorrhage - controlled                  |                          |      |
|                      | Seizure - current                           | Seizure - post ictal                   |                                           |                          |      |
|                      |                                             | Focal neurology - acute                |                                           |                          |      |
|                      |                                             | Level of consciousness reduced         |                                           |                          |      |
|                      |                                             | Psychosis / Aggression                 |                                           |                          |      |
|                      |                                             | Threatened limb                        |                                           |                          |      |
|                      |                                             | Dislocation - other joint              | Dislocation - finger or toe               |                          |      |
|                      |                                             | Fracture - compound                    | Fracture - closed                         |                          |      |
|                      | Burn – face / inhalation                    | Burn over 20%                          | Burns - other                             |                          |      |
|                      |                                             | Burn - electrical                      |                                           |                          |      |
|                      |                                             | Burn - circumferential                 |                                           |                          |      |
|                      |                                             | Burn - chemical                        |                                           |                          |      |
|                      |                                             | Poisoning / Overdose                   | Abdominal pain                            |                          |      |
|                      | Hypoglycaemia – glucose less than 3         | Diabetic - glucose over 11 & ketonuria | Diabetic - glucose over 17 (no ketonuria) |                          |      |
|                      |                                             | Vomiting - fresh blood                 | Vomiting - persistent                     |                          |      |
|                      |                                             | Pregnancy & abdominal trauma or pain   | Pregnancy & trauma                        |                          |      |
|                      |                                             |                                        | Pregnancy & PV bleed                      |                          |      |
| Pain                 |                                             | Severe                                 | Moderate                                  | Mild                     |      |
|                      | Senior Healthcare Professional’s Discretion |                                        |                                           |                          |      |

# ~ ADULT TEWS CALCULATOR ~

## SCORING EXAMPLE

TRIAGE

Seorang pasien dewasa datang dengan kursi roda didapatkan RR 28 x/mnt, Nadi 129 x/mnt, tekanan darah 200/98 MmHg, Suhu 37.0 C, kesadaran compos mentis.

Dari wawancara didapatkan pasien tidak ada trauma, luka ataupun laserasi

# Triage Early Warning Score (TEWS) - Adult

## ADULT TRIAGE SCORE (over 12 years / taller than 150cm)

|                 | 3                       | 2                                     | 1             | 0                   | 1                                 | 2                                     | 3                          |                 |
|-----------------|-------------------------|---------------------------------------|---------------|---------------------|-----------------------------------|---------------------------------------|----------------------------|-----------------|
| <b>Mobility</b> |                         |                                       |               | <b>Walking</b>      | <b>With Help</b>                  | <b>Stretcher/<br/>Immobile</b>        |                            | <b>Mobility</b> |
| <b>RR</b>       |                         | <b>less than 9</b>                    |               | <b>9-14</b>         | <b>15-20</b>                      | <b>21-29</b>                          | <b>more than 29</b>        | <b>RR</b>       |
| <b>HR</b>       |                         | <b>less than<br/>41</b>               | <b>41-50</b>  | <b>51-100</b>       | <b>101-110</b>                    | <b>111-129</b>                        | <b>more than 129</b>       | <b>HR</b>       |
| <b>SBP</b>      | <b>less than<br/>71</b> | <b>71-80</b>                          | <b>81-100</b> | <b>101-199</b>      |                                   | <b>more than<br/>199</b>              |                            | <b>SBP</b>      |
| <b>Temp</b>     |                         | <b>Feels cold<br/>OR<br/>Under 35</b> |               | <b>35-38.4</b>      |                                   | <b>Feels hot<br/>OR<br/>over 38.4</b> |                            | <b>Temp</b>     |
| <b>AVPU</b>     |                         | <b>Confused</b>                       |               | <b><u>A</u>lert</b> | <b>Reacts to<br/><u>V</u>oice</b> | <b>Reacts to<br/><u>P</u>ain</b>      | <b><u>U</u>nresponsive</b> | <b>AVPU</b>     |
| <b>Trauma</b>   |                         |                                       |               | <b>No</b>           | <b>Yes</b>                        |                                       |                            | <b>Trauma</b>   |

# TEWS Scoring

TRIAGE

~ Mobilitas ~ Kursi Roda ~ 1

~ Tingkat pernapasan ~ 28 ~ 2

~ Detak jantung ~ 129 ~ 2

~ B / P ~ 200/98 ~ 2

~ Temperatur ~ 37.0 ~ 0

~ AVPU ~ terjaga dan waspada ~ 0

~ Trauma ~ tidak ada tanda-tanda cedera atau  
memar ~ 0

Total skor ~ 7 (Kode warna apa ini?)

# The Color Designation Discriminators are also divided into 3 categories

## They also include: Infant, Child and Adult

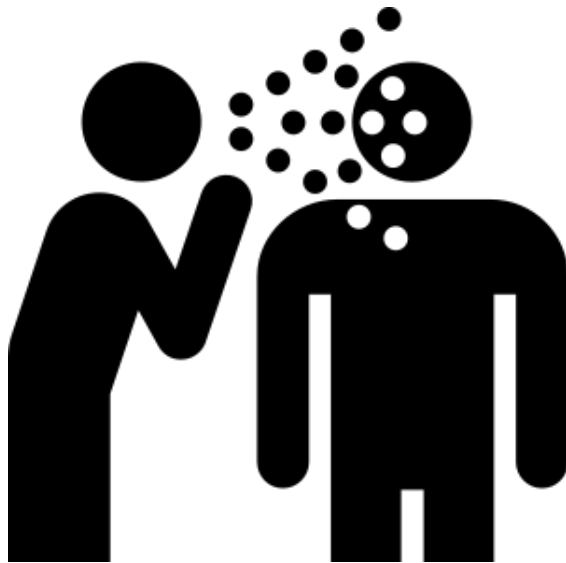
|                      |                                     |                                        |                                           |                    |      |
|----------------------|-------------------------------------|----------------------------------------|-------------------------------------------|--------------------|------|
| Colour               | RED                                 | ORANGE                                 | YELLOW                                    | GREEN              | BLUE |
| TEWS                 | 7 or more                           | 5-6                                    | 3-4                                       | 0-2                | DEAD |
| Target time to treat | Immediate                           | less than 10 mins                      | less than 60 mins                         | less than 240 mins | DEAD |
| Mechanism of injury  |                                     | High energy transfer                   |                                           |                    |      |
| Presentation         |                                     | Shortness of breath - acute            |                                           | ALL OTHER PATIENTS |      |
|                      |                                     | Coughing blood                         |                                           |                    |      |
|                      |                                     | Chest pain                             |                                           |                    |      |
|                      |                                     | Haemorrhage - uncontrolled             | Haemorrhage - controlled                  |                    |      |
|                      | Seizure - current                   | Seizure - post ictal                   |                                           |                    |      |
|                      |                                     | Focal neurology - acute                |                                           |                    |      |
|                      |                                     | Level of consciousness reduced         |                                           |                    |      |
|                      |                                     | Psychosis / Aggression                 |                                           |                    |      |
|                      |                                     | Threatened limb                        |                                           |                    |      |
|                      |                                     | Dislocation - other joint              | Dislocation - finger or toe               |                    |      |
|                      |                                     | Fracture - compound                    | Fracture - closed                         |                    |      |
|                      | Burn – face / inhalation            | Burn over 20%                          | Burns - other                             |                    |      |
|                      |                                     | Burn - electrical                      |                                           |                    |      |
|                      |                                     | Burn - circumferential                 |                                           |                    |      |
|                      |                                     | Burn - chemical                        |                                           |                    |      |
|                      |                                     | Poisoning / Overdose                   | Abdominal pain                            |                    |      |
|                      | Hypoglycaemia – glucose less than 3 | Diabetic - glucose over 11 & ketonuria | Diabetic - glucose over 17 (no ketonuria) |                    |      |
|                      |                                     | Vomiting - fresh blood                 | Vomiting - persistent                     |                    |      |
|                      |                                     | Pregnancy & abdominal trauma or pain   | Pregnancy & trauma                        |                    |      |
|                      |                                     |                                        | Pregnancy & PV bleed                      |                    |      |
| Pain                 |                                     | Severe                                 | Moderate                                  | Mild               |      |

Skor TEWS juga dapat menjadi guideline (Pengetahuan, Skill, dan sikap) Anda untuk menentukan apakah akan meningkatkan penanganan pasien atau meminta masukan supervisor / dokter mengkaji keputusan penempatan triase yang telah diambil.

# Illness/Injury Specific Considerations

TRIAGE

- ~ Coughing patient with known TB
- ~ Hemorrhaging Pregnant Woman
- ~ Concerned Parent with Screaming Child



The Noun Project, "Infectious Disease"



Creative Donkey, "Crying Child", flickr

# Initial Triage-Based Treatment and Diagnostic Tests

TRIAGE

- Pertolongan Pertama (splints, ice packs, balut tekan)
- Analgesia dan kontrol antipiretik
- Alat bantu diagnostik sederhana (glukometer, denyut nadi)

# Decision Making Process

TRIAGE

Prioritization  
Time Management  
Organization  
Resource Utilization  
Follow-up



# Additional Triage Responsibilities

## Waiting Room Management

- ~Safety of Waiting Room Patients
- ~Reassessment of Patients
- ~Privacy

## Communication

- ~Customer Service
- ~Management of Visitors

# Administrative Responsibilities

TRIAGE

Safety

Infection Control

Triage Legalities

Triage Performance Improvement

Triage Data Utilizations

# Sumber Daya Yang Diperlukan

TRIAGE

## Dukungan Manajemen

Penetapan kebijakan dan standar TRIAGE di lapangan termasuk money berkala

## SDM Yang terlatih

Mampu melakukan skrining kondisi pasien sesuai SPO

## Sistem Informasi Yang baik

Alur penanganan , sistem Komunikasi

## Sarana Prasarana Yang memadai

Alat medis dan keperawatan yang menunjang pelaksanaan.



# DUKUNGAN MANAJEMEN

TRIAGE

## KEBIJAKAN

Penetapan kebijakan pelaksanaan sistem diperlukan untuk memulai pelaksanaan skrining di rumah sakit / FasKes

## STANDAR

Prosedur operasional skrining /triage harus dibuat untuk menjaga pelayanan yang seragam dan berkelanjutan

## SISTEM

Alur pelaksanaan, sumber daya yang diperlukan harus dibangun untuk menunjang pelaksanaan sistem.



# SDM Yang Terlatih

TRIAGE



Pengetahuan



Skill



Sikap

# Kebutuhan SDM Untuk TRIAGE

Beberapa literatur mengatakan bahwa rasio dokter dan perawat di Amerika berkisar dari 1: 4 hingga 1: 1.6 di Afrika Selatan Rasio dokter terhadap perawat adalah 1: 8.

Dengan demikian, perawat memiliki peran penting dalam menilai pasien untuk perawatan awal serta dalam pemberian perawatan yang berkelanjutan.

# KUALIFIKASI TENAGA KEPERAWATAN UNTUK TRIAGE

Telah melalui program orientasi ED

Pengalaman kerja di ED minimal 6 bulan

Memiliki kompetensi klinis tentang Keperawatan Gawat darurat.

Memiliki kemampuan analisa yang baik terkait kondisi pasien

# Penguatan Kompetensi Staf

TRIAGE



Evaluasi kompetensi  
perawat dalam  
melakukan  
skrining/skoring dan  
analisa keadaan pasien



# Penguatan Kompetensi Staf

TRIAGE



# MEMBANGUN SISTEM

Keseragaman Alur  
sesuai PPK



Dokumentasi Yang  
Baik



Pelatihan Staf secara  
Berkala



Monitoring dan  
evaluasi berkala



Sistem Rujukan

TRIAGE



SARANA PRASARANA YANG  
MEMADAI

# Monitoring Mutu

TRIAGE

|                         | TC 1 | TC 2  | TC 3  | TC 4  | TC 5 |
|-------------------------|------|-------|-------|-------|------|
| <i>Total</i>            | 1054 | 13001 | 51995 | 34845 | 1820 |
| <i>Tot admit</i>        | 747  | 6438  | 19994 | 8403  | 171  |
| <i>% of TC admitted</i> | 71%  | 50%   | 38%   | 24%   | 9%   |

|      | TC 1 | TC 2 | TC 3 | TC 4 | TC 5 |
|------|------|------|------|------|------|
| Pass | 100% | 57%  | 31%  | 50%  | 102% |

# Indikator Mutu

TRIAGE

ATS 1 = 1%

ATS 2 = 12.7%

ATS 3 = 50.9 %

ATS 4 = 34.1%

ATS 5 = 1.8%

100%TBS 0min

80% TBS10min

75% TBS 30min

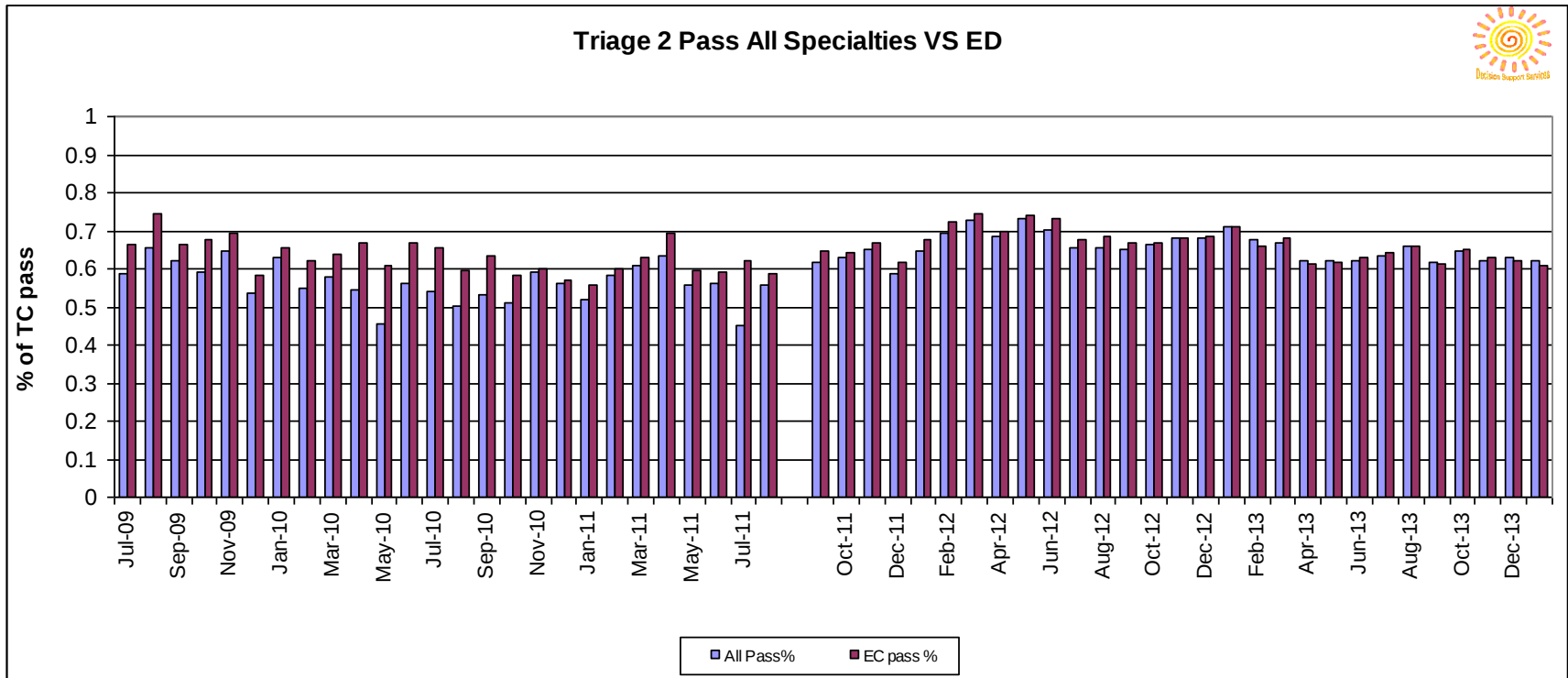
70% TBS 60min

70% TBS 120min

# MMH Performance TC 2

Target 80% seen 10min

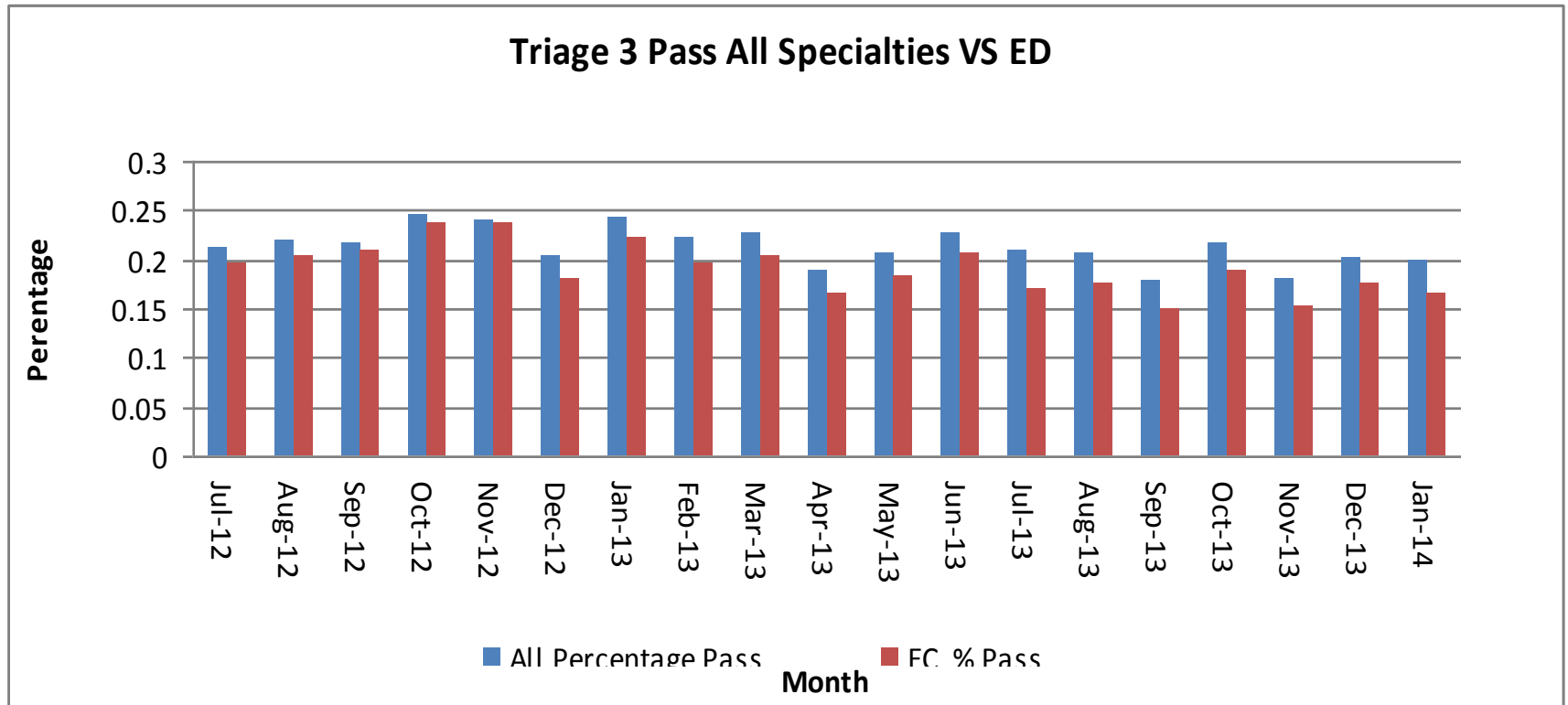
TRIAGE



# Triage Cat 3 patients

Target 75% seen in 30min

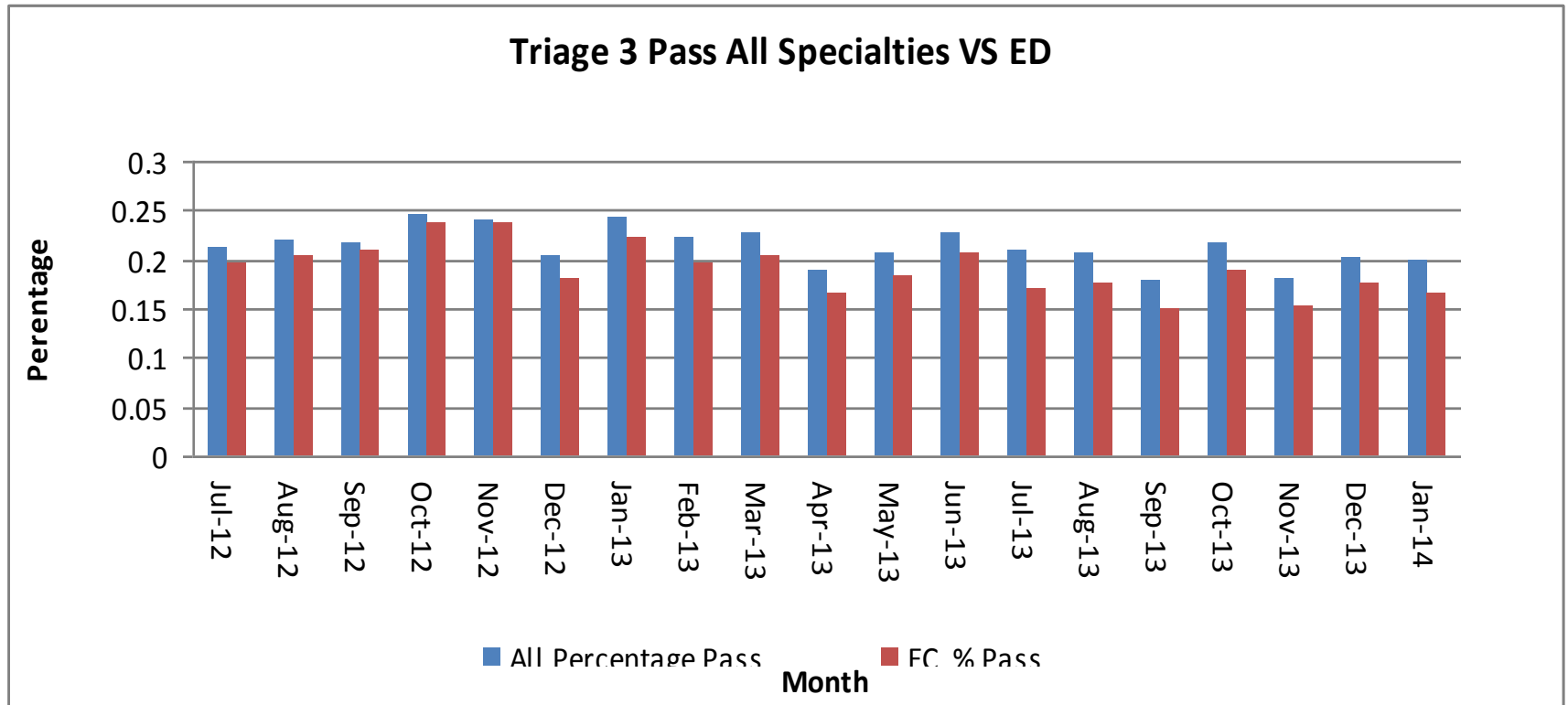
TRIAGE



# Triage Cat 3 patients

Target 75%seen in 30min

TRIAGE



# Roadmap Program Triage

Keberhasilan pelaksanaan program, sangat ditentukan oleh perencanaan dan monev yang konsisten.

Penyusunan  
Kebijakan  
dan  
Panduan

Pengembangan  
Tools

Penyusunan SOP

Pelatihan /  
Sosialisasi

Pelaksanaan

Monev Mutu

# PROGRAM<sup>2</sup> PELATIHAN DAN SOSIALISASI BERKALA

- PROGRAM – PROGRAM YANG DIKEMBANGKAN

TRIAGE

## SOSIALISASI STANDAR UTK NURSE



## PITSTOP



## SOSIALISASI KE KSM/INSTL.



# PROGRAM<sup>2</sup> PELATIHAN DAN SOSIALISASI BERKALA

- PROGRAM – PROGRAM YANG DIKEMBANGKAN

TRIAGE

## PELATIHAN



## SOSIALISASI

## ORIENTASI PEGAWAI



# Kesimpulan

- Triage merupakan tahap pertama yang menentukan tata laksana kegawatdaruratan secara efektif dan efisien.
- Diperlukan latihan dan praktek secara berulang dan terus menerus untuk menciptakan sumber daya perawat yang terlatih dalam melakukan triage.
- Kombinasi pengetahuan, keterampilan dan sikap sangat diperlukan dalam aplikasi Triage.
- Tools Yang mudah dan seragam perlu dikembangkan dan dilaksanakan agar dapat menyelamatkan hidup dan menurunkan morbiditas